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A Message from Outgoing Commodore Mraz '23:

Dear Tigers,

It has been a tremendous honor to lead our team as Commodore through daunting challenges over the past two years. As our team coalesces on campus for team bonding and practices for the first time since January 2020, I feel an enormous sense of relief. Right at the beginning of my time as Commodore, the pandemic hit and dramatically changed all of our college experiences and lives. While obviously the safety and wellbeing of family, friends, and peers was most important over this time, a consistent challenge was building that sense of community that always embodies Princeton Sailing, even as we lost treasured seniors and onboarded clueless frosh amidst a pandemic. On land, after two tumultuous years, I am proud to report that Princeton Sailing is on stable ground as many other Princeton clubs falter under restrictions and confused membership. I am thrilled to watch our team progress under the leadership of my good friend Isabella Impalli; I will not be going far and returning to my position as

Regatta Captain for the next calendar year.

On the water, This team has a strong desire to learn the sport, compete at a high level, and represent Princeton University well. Personally, I am so excited to see what we can do on a national stage this spring after promising results during the fall season. We enter this portion of the season ranked 45th in the country with the Top 36 team qualifying for Coed Nationals. It would be our first appearance at Nationals

in 28 years, and this edition of the team is hungry to achieve that goal.

Once again, it has brought me great pride to lead this team over the past years. I look forward to hopefully seeing and interacting with many of you at Reunions this spring! Go Tigers!

Sincerely,
Connor Mraz '23



2021-2022 OFFICERS

A Message from Incoming Commodore Impalli '23:

Dear Princeton Sailing Alumni & Friends,

My name is Isabella Impalli, and I am excited to introduce myself as the new Commodore of Princeton Sailing! I am a junior in the Civil and Environmental Engineering department. I am assuming this role after serving as team Secretary, then Practice Captain.

Over the past three years, I have watched this team change immensely. Before the pandemic, the team was in the early stages of a resurgence, looking to become more widely recognized as a competitive force on the collegiate circuit. Unfortunately, we were not allowed to compete during the pandemic, but in that time we kept the momentum going and made some crucial developments off the water. In particular, the revival of support from the Alumni Board has been invaluable. With their support, the team returned to Princeton this fall with a closer practice venue, a new coach, a fleet of DF95s, contacts to expand the keelboat racing program, and plans to acquire a new fleet of E420s. These amazing developments allowed us to hit the ground running this fall.

Aside from practicing and racing, incorporating new members into the fold has been my focus. This fall was the first real semester on campus for both the first-years and the sophomores, meaning that a larger number than usual of new team members needed to be oriented and trained quickly for the season. Thank you to all the upperclassmen for taking the time to meet, mentor, and welcome the newbies on our team. In particular, to my old class of 2022 - I know you have a lot of competing interests for your remaining time on campus, but your continued dedication to this team inspires me. The fall was a flurry of activity in a lot of respects, and it truly took an entire team of minds to try to make sure that nothing, from organizing practice to racing to recruiting new members to communicating with Alumni, fell through the cracks.

I would be remiss in not thanking Connor Mraz '23, Commodore Emeritus, as I reflect on the past 3 years. Connor was dealt a tough hand to assume the Commodore position just as the pandemic began and leave it right as the team returns full-force to campus. He handled the circumstances

with grace and did not lose spirit. I admire his drive and dedication and hope to replicate it in the year ahead. I am excited to continue working with him alongside the new officer corps. I have had the good fortune of getting to know three other previous Princeton Sailing Commodores, and I know I have big shoes to fill. I am excited for the challenge and can only ask for your continued support.

From the beginning, Princeton Sailing has been my home on campus. I had never sailed before coming to Princeton, but I was excited to learn a new sport and loved the friends I met along the way. Now, as an upperclassman, this experience grounds me. As we gain competitive momentum, I am particularly committed to keeping Princeton Sailing accessible to beginners and making sure it is a really fun team. There is still much work to be done - let's get to it!

I look forward to seeing many of you in-person at Reunions this spring!

Sail fast,
Isabella Impalli '23



Isabella Impalli '23
Commodore



Connor Mraz '23
Regatta Captain



Jasper Waldman '25
Fleet Captain



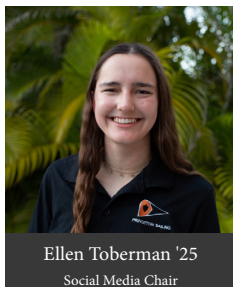
Calif Chen '23
Practice Captain



Nelson Chow '23
Undergraduate Board Trustee



Asher Green '24
Treasurer



Ellen Toberman '25
Social Media Chair



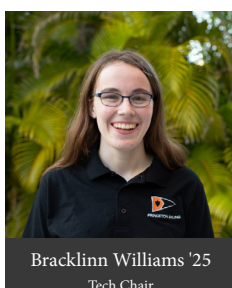
Eddie O'Keefe '25
Social Chair



Max Lawrence '24
University Liaison



Vinh Nguyen '25
University Liaison



Bracklenn Williams '25
Tech Chair



Oliwia Morska '24
Gear Committee



Chai Mauliola '24
Gear Committee



Avi Attar '25
Gear Committee



Aliya Ismagilova '22
Photographer

2021-2022 ALUMNI BOARD

A Message from the President:

Dear Alumni and Friends of Princeton Sailing,

The Princeton Sailing Team has made incredible strides over the past year despite the many headwinds we have all experienced. When the alumni board expanded from three to eight members, we set out to accomplish three goals: find a closer practice venue, hire a talented coach, and replace our existing 12-boat fleet with newer and more competitive dinghies.

The Fall 2021 season and the winter months separating it from the Spring 2022 season saw great progress in all three areas. Starting last September, the team practiced at Anchor Yacht Club, forging a great relationship with the officers there and obtaining a better understanding of how the Delaware River behaves to better inform the practice agenda. Second, the team has had the benefit of working with Jeremy Fraser who has been coaching the team since our move to AYC. Third, we are fortunate to have been graced with the generosity of a few key donors who have made purchasing

a new fleet of E420s possible. The fleet is being constructed in Rhode Island and will be ready for the Fall 2022 season!

While we have succeeded in our venue, coach, and fleet objectives thus far, we are still a ways off from securing the financial stability of the team for years and decades to come. Our ambitious fundraising goals include a fleet fund which will enable the team to fund the rest of the new fleet as well as provide the team with an account for ongoing boat maintenance, transportation, and repairs. In order for the team to be more agile, we have decided to keep six boats from the existing FJ fleet and replace the sails to extend their life, giving the student-athletes more options when practicing on the water. Additionally, our fundraising goals include forming a new endowment to secure our coach's position for years to come. Lastly, we are continuing to seek gifts of all sizes for the ongoing operations of the team, including transportation, regatta expenses, and other general needs. Please view the "Giving Back" page on the

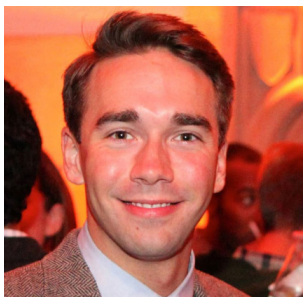
Princeton Sailing website for more details on the three funds.

This is an exciting time for Princeton Sailing, both on and off the water, and we hope that you will become part of this incredible journey. In addition to contributing to our fundraising efforts, we are looking for alumni who are interested in contributing time by expanding our board even further. Please let me know if you are interested in serving as a board member.

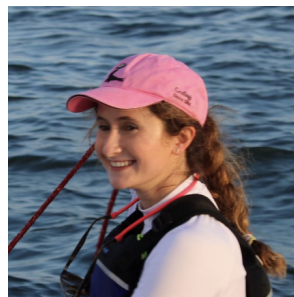
Looking forward to seeing what we can do this spring and am thrilled to see many of you on campus in May for Reunions!

All the best,

Anthony Pappenfus '13



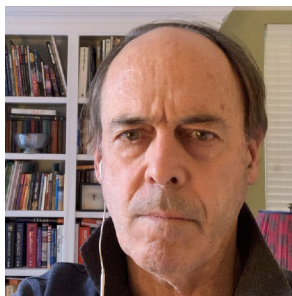
Anthony Pappenfus '13 S14
President



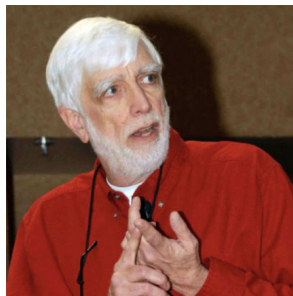
Sydney Mandelbaum '17
Treasurer



Bob Johnstone '56
Senior Advisor



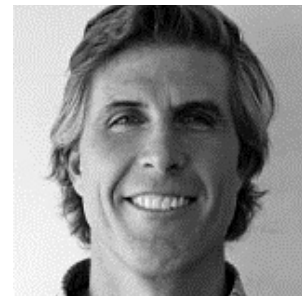
Tom Darling '75
Board Member



Dick Rose '60
Board Member



Jason Mraz '89 S89 P23 P25
Board Member



Michael Mills '94
Board Member

Fall 2021 Season Highlights

Fall Practice Report by Calif Chen '23 (Practice Captain 2021-2022)

The team has had a successful fall season in 2021. Given the COVID pandemic, we had a surge in interest from both frosh and sophomores. There were about 150 students who showed interest, and we were able to introduce many to the sport of sailing through morning and afternoon beginner practices led by Coach Jeremy at Lake Carnegie.

Experienced sailors on the team were able to refresh and improve their skills during afternoon practices at our new home venue, Anchor Yacht Club, on Thursdays and Fridays. Read more about Anchor YC on Page 08.

We are very excited to start our

Spring Season later this month. In this upcoming season, we will be significantly increasing practice slots to accommodate both new and veteran sailors. We plan to have daily morning practices at Lake Carnegie, daily afternoon practices at Anchor Yacht Club, and mid-day practices at Lake Carnegie Mondays, Wednesdays, and Fridays.

Additionally, team workouts are currently being organized, along with virtual sailing events using recently acquired memberships to VR Inshore. We look forward to improving our sailing in and out of season.



Sailors practice lining up for a drill

Fall Regatta Report by Connor Larson '22 (Regatta Captain 2019-2022)

After a rollercoaster COVID year, Princeton Sailing resoundingly jumped back onto the scene with one of the strongest Fall seasons in recent team history.

Our campaign started with a bang at the annual Philly Fleet Race on our opening weekend. In 12 light-wind bouts over 2 days, Connor Mraz '23, Max Lawrence '24, Lil Taub '24, and Jorge Zreik '22 led us to a team-best 4th place overall finish, improving upon our 6th and 10th place finishes from years past. Additionally, a second berth in the regatta allowed us to bring four underclassmen onto the water for an early-season tune-up. Simultaneously, freshman Jasper

Waldman '25 led the team. team up at the Merchant Marine Academy, where he competed single-handed at the Laser North Qualifier. Beating out sailors from our perennial rivals at Columbia and SUNY Maritime, Jasper's success is the first of many to come for Princeton's revived Laser sailing campaign.

The next weekend brought us out to Monmouth, NJ – right down the road from Princeton. Through two days of shifty light winds, we rotated a total of 12 sailors, including rookie debuts for Asher Green '24 and Carly Mraz '25.

Our momentum continued in October. At the team-favorite McCurdy Memorial four sailors – Calif Chen '23, Eddie O'Keefe '25, Jasper Waldman '25, and Asher – combined for a total of 10 first-place finishes.

Though a stormy Saturday hampered the first morning of the David Lee Arnoff regatta in upstate New York, Connor Mraz and Nelson Chow '23 again led Princeton to the front of the 18-boat fleet with two first-place finishes on Sunday. Meanwhile, at the Washington College open, two more Princeton boats finished in the top half of the fleet, with Chai Mauliola '24 and Icey Ai '25 making their college sailing debuts.

Our season closed out with an-

nual War Memorial and Luce Trophy, bringing together the best teams in MAISA for two final showdowns. Truly showing out for the team, Jorge, Jasper, Connor Mraz, and Myles McKnight '23 all sailed back-to-back weekends. Their efforts paid off a podium finish – after bitter competition, we edged out Washington College and Virginia Tech for 3rd place at the Luce.

Well done to all sailors who competed this season on their excellent results. Princeton will certainly be a force to be reckoned with in the Spring – follow along on our website www.princetonsailing.com for live updates come March!



Princeton Sailing Fast at David Lee Arnoff Trophy Hobart William Smith College



Myles McKnight '23, Asher Green '24, and Coach Jeremy at Washington College Fall



Return to Campus



Because of the pandemic, the lines between classes have blurred. Sophomores didn't receive the usual "college experience" last year. Consequently, the Great Classes of 2024 and 2025 are experiencing college for the "first time". Hear what some of our Frosh and Sophomores have to say about their experience thus far:

"Princeton Sailing has really expanded my love for the sport of sailing." - Asher Green '24



"Even as the water has iced over, the team spirit has kept my heart warm." - Anna Eaton '24

"This team has been a fantastic source of community and support on campus. It has taught me that the most important thing of all is the friends you make along the way and the happiness you can spread through kindness."

- Carly Mraz '25

"I feel like this has brought us closer together and we can bond over our shared experiences and confusion." - Ellen Toberman '25

"Princeton Sailing was one of the first communities I grew close with on campus. The team is such a warm, supportive, and overall wholesome place. And of course, sailing after class has been an absolute blast!" - Vinh Nguyen '25

"This team has been the gnarliest experience of my life." - Virginia Cobbs '25

"With only Sunfish skippering experience, the team enthusiastically offered me the opportunity to skipper 420's and FJ's. I am so excited to continue developing my skills on the water." - Bracklinn Williams '25



"My skills on the water have developed tremendously using Coach Jeremy's FMK method: Fortitude, Motivation, Knowledge." - Eddie O'Keefe '25

"Coach Jeremy's FMK method has proven to be extremely dynamic. Indeed, I've since implemented the mindset 'Fast Maneuvers Kill'" - Jasper Waldman '25

LOOKING AHEAD - REGATTA PREVIEW

We are extremely proud of the results of recent efforts in building a strong female presence on the team, allowing us to compete in all three major collegiate sailing disciplines this spring: Fleet Racing, Team Racing, and Women's Fleet Racing.

The campaign is highlighted by a trip to St. Petersburg, Florida for the Eckerd

Interconference, a bout at NYC Coed Team Race Invite against elite competition, and the first MAISA Womens' Fleet Racing Championship in over a decade.

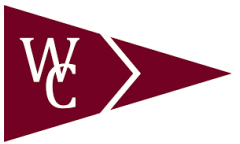
Princeton hasn't made a national championship since 1994. This arduous schedule provides an opportunity to break that streak, Go Tigers!



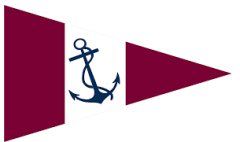
Spring 2022 Schedule



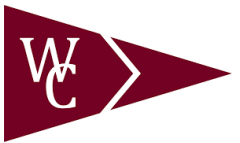
March 5th-6th, 2022
Eckerd Interconference
@ Eckerd College



March 5th, 2022
Tom Noble Team Race
@ Washington College



March 12th-13th, 2022
NYC Coed Team Race Invite
@ SUNY Maritime College



March 19th-20^h, 2022
Washington College Team Race
@ Washington College



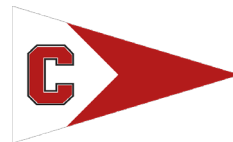
March 26th-27th, 2022
Hanbury Trophy Invitational
@ Christopher Newport University



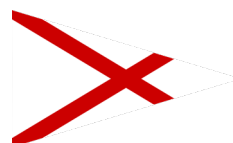
April 9th-10th, 2022
Jeremy Pinkerton
@ University of Maryland



April 16th-17th, 2022
The Grant
@ Fordham University



April 16th-17th, 2022
MAISA Womens'
@ Cornell University



April 23rd-24th, 2022
George E. Morris Trophy
@ Boston University



April 23rd-24th, 2022
George Washington Invitational
@ George Washington University



April 30th-May 1st, 2022
America Trophy
(Conference Championship)
@ US Merchant Marine Academy

Fall 2022 Schedule



September 10th-11th, 2022
Philly Fleet Race
 @ Villanova University



September 10th-11th, 2022
King's Point Women's Invite
 @ US Merchant Marine Academy



September 10th-11th, 2022
Riley Cup
 @ Old Dominion University



September 17th-18th, 2022
The John Quinn
 @ Monmouth University



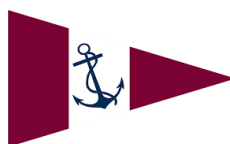
September 24th-25th, 2022
Princeton Fall Open
 @ Princeton University



Friendly fleet race between some of our sailors!



September 24th-25th, 2022
Webb/Woolum Regatta
 @ Christopher Newport University



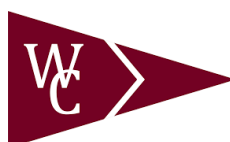
October 1st-2nd, 2022
New York Maritime Fall Open
 @ SUNY Maritime College



October 1st-2nd, 2022
Sacred Heart University Trophy
 @ Sacred Heart



October 15th-16th, 2022
Savid Hill Invite
 @ Boston College



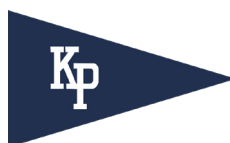
October 15th-16th, 2022
Washington College Fall Open
 @ Washington College



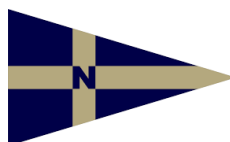
Oct 15 - 16 2022
David Lee Arnoff Trophy
 @ Hobart and William Smith Colleges



Oct 22 - 23 2022
The Luce Trophy
 @ University of Pennsylvania and Villanova



October 29th-30th, 2022
War Memorial
 @ US Merchant Marine Academy



October 29th-30th, 2022
MAISA Fall Championship
 @ US Naval Academy

We Need Your Help, Alumni!

We are currently seeking old records and stories. If you have any Princeton Sailing materials from before 2009...

OR

If one of these events is close to your home, and you are generously willing to host sailors...

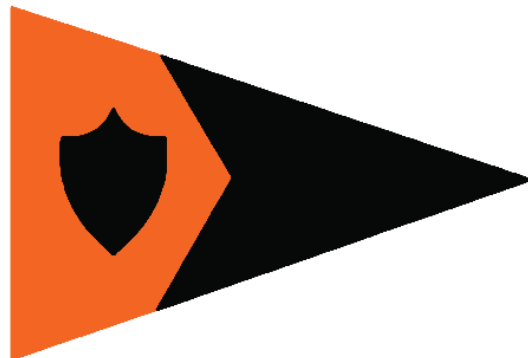
Please reach out to our Undergraduate Board Trustee Nelson Chow '23 at nelsonchow@princeton.edu

Stay Updated with Princeton Sailing

Come visit our new team website view pictures, schedules, and bios!

<https://www.princetonsailing.com>

Also, check out our Facebook and Instagram pages!



<https://www.facebook.com/princetonsailing/>



@princetonsailing

We want YOU to represent the Princeton Sailing Team

Gear updates coming very soon!

Please stay tuned by bookmarking our new website.

Princeton Sailing is looking to make a splash at...

Reunions 2022

Be on the lookout for more information coming soon!

Meet Coach Jeremy!

Jeremy Fraser is a 24-year-old sailing coach from Chester, Nova Scotia. He started sailing at age seven in the optimist class and competed on the Canadian and American circuits until the age of sixteen. His first international appearance was at the IODA North American Championships in 2009. He started coaching at the age of seventeen for his home club the Chester Yacht club. Since then, he has worked with a variety of different programs across Canada coaching all skill levels. He has a passion for developing young adults through sport by providing them with opportunities that require focus, determination, and self-reflection. He is extremely excited to be starting with the Princeton Sailing Team to help achieve their goals, and once again be recognized as a competitive force on the collegiate sailing circuit.



Introducing Anchor Yacht Club!

Princeton sailing has a new home! In the fall of 2021, Princeton Sailing relocated to Anchor Yacht Club on the Delaware River. This move cuts down travel time for students and reduces exposure to commercial traffic. Though we are now calling Anchor home, we are still looking to maintain a committed relationship with Raritan Yacht Club as we expand our current dinghy offering to big boat and offshore sailing on Wednesday nights. Established in 1906, Anchor Yacht Club is member owned and maintained. Located in historic Bristol PA. Read more at their website:
<https://www.anchoryachtclub.org/>

New Fleet!

In order to maintain our competitive position, the team has decided to purchase a fleet of 420s, which is where we are seeing a number of highly ranked teams going. They will be purchased from Zim Sailing and will be manufactured and built in Rhode Island, and will be available for the fall 2022 season. In addition, we will be keeping 6 of our FJs so our team can be more agile and competitive, and will be purchasing new sails for both the old and new boats. Some boats have already been named, but there are still several hulls available. If you are interested in naming rights, please reach out to anthony.pappenfus@alumni.princeton.edu.



FRIENDS OF PRINCETON SAILING

THANK YOU FOR YOUR SUPPORT!

Princeton Sailing is currently undergoing the largest fundraising effort the team has seen in decades. Thanks to the continued generosity of our incredible donors, the team has made tremendous strides in achieving goals set last year. Our team receives tremendous support from many of our alumni sailors, friends, team parents and grandparents. Thanks to all who have made contributions to the team this fiscal year, as reflected below. As a club sport at Princeton, the team thrives on the funding, housing, advice and time donated by so many outside the University and, as such, each contribution at any level is welcome. Thank you again to the alumni, friends and family - the team depends on you for its successes.

The following list acknowledges the thoughtfulness of our recent donors; if you do not see your name listed below, please know that we receive donations throughout the year and might not have been aware of your gift at press time. If this is the case, we will endeavor to include you in the next newsletter.

Commanders (\$50,000+)

Anonymous

Boat Sponsors (\$10,000+)

Walter P. & Elizabeth M. Stern Fdn. Inc. & Robert L. & Ellen D. Stern Fdn., Inc.
Robert Johnstone '56

Vice-Commodores (\$5,000+)

Mr. Jason A. Mraz '89 S89 P23 P25 & Stacy W. Blain, Ph.D. '89 S89 P23 P25

Rear-Commodores (\$1,000+)

Dr. John D. Puskas '82 P17 & Dr. Jane C. Puskas S82 P17
Laurie and Jay Mandelbaum '84 P17 P20 P22
Mr. Michael F. Streicker '99 & Ms. Bridget S. Streicker S99
Mr. Michael S. Flynn '90 P20 & Mrs. Heather D. Cady S90 P20
Stergios J. Papadakis, Ph.D. '94 *00 S97 & Alison M.A. Papadakis, Ph.D. '97 S94
Mr. Donald Paul Grasso '76

Regatta Captains (\$500+)

Mr. Christopher J. Constant '00

FRIENDS OF PRINCETON SAILING

Fleet Captains (\$250+)

Dr. Francis J. Doyle, III '85 - Mr. Andrew L. Johnston '70 - Mr. Eric R. Domb '10
Mr. Michael W. Fortenbaugh '85 - Mr. William G. Swigart '74
Mr. Winston E. Weinmann '80 P12 & Mrs. Brooke T. Weinmann S80 P12
Ms. Emily C. Carville '98 - Ms. Laura Drumm Broderick '01 - Ms. Lisa A. Flannery '95
Ms. Victoria Taylor Earls '03

Friends

Mr. Gregory W. Davis '00 - Mr. James N. Candler, Jr. '65 - Mrs. Hilary Minot '06
Mr. John J. Koger '85 S86 P13 P16 & Ms. Mary Sweeney Koger '86 S85 P13 P16
Mr. Derek W. Storm '63 - Mr. Edward G. Conbeer '08
Mrs. Dale Vansciver Mack P89 g23 g25 & Mr. N. Bradford Mack P89 g23 g25
Mrs. Lorraine Longino Barba '75 S75 & Mr. Randolph C. Barba '75 S75
Mrs. Sarah Nestor Welch '98 - Ms. Eliza Chamberlain '19 - Ms. Sydney Alexandra Mandelbaum '17
Mr. Thomas R. Senecal '14 - Mr. Peter Jefferys '55 & Mrs. Margaret B. Jefferys S55
Mr. Scott M. Donohue P22 & Mrs. Amory G. Donohue P22
Biogen Idec Foundation CF - Dr. George O. Gardner, III '59
Dr. Theodore W. Foot '57 P84 P92 & Mrs. Patricia H. Foot S57 P84 P92
Jessica Davis Powers, Ph.D. '97 & Mr. Christopher D. Powers '97 S97
Mr. Eric Wallar P25 & Ms. Marjorie Penrod P25
Mr. A. A. La Fountain, III '72 & Mrs. Elizabeth Bartlett Simpson S72
Dr. Amanda C. North '93 - Mr. Connor B. Mraz '23
Mr. John R. Bonn '72 *74 - Mr. Jonathan T. Foot '84 - Mr. Mark S. Andrews '98
Mr. Anthony John Strahs Pappenfus '13 S14 & Ms. Ashley Barclift Pappenfus '14 S13
Mr. Todd A. Green '90 P24 & Mrs. Nancy S. Green S90 P24
Mrs. Camille Mraz P89 g23 g25 - Ms. Anne Elizabeth Sidamon-Eristoff '20
Ms. Kathryn A. Carver '82 & Dr. Barbara J. Nelson S82
Ms. Jenny Lan Mu '18 - Ms. Marilee J. Allan '75 - The IAC Foundation, Inc. FN

THANK YOU AGAIN! ROLL TIGERS!

Friends of Princeton Sailing

Want to receive regular team updates?

Join our email distribution list!

1. Log into TigerNet
2. Click on the "Discussion Groups" tile
3. Search "Princeton Sailing" and click on the first result
4. Click "Join Group"



iimpalli@princeton.edu

Isabella Impalli '23, Commodore



pappenfus@alumni.princeton.edu

Anthony Pappenfus '13 S14, Alumni Board



nelsonchow@princeton.edu

Nelson Chow '23, Undergraduate Board Trustee